

# Do you look after someone?



Carers are people who provide care to family members, other relatives, partners, friends and neighbours of any age affected by physical or mental illness, disability, frailty or substance misuse

## The care you provide is unpaid

We can help you by.....

**Listening**

**Providing information**

**Linking you to carer supports**



**Campaigning**

**Working in partnership**

**Signposting**

## WORKING FOR YOU



- 👉 **Membership to North Lanarkshire Carers Together is free for all carers who live or care for someone in North Lanarkshire**
  - 👉 **Membership helps us link you with services that can support you**
  - 👉 **You will receive a free copy of our twice yearly “Working for You” newsletter**
  - 👉 **You will receive invitations to our annual events & conferences**
- You can join today @ [www.carerstogether.org](http://www.carerstogether.org)**

North Lanarkshire Carers Together pledges to improve the lives of carers within North Lanarkshire by actively linking carers and professionals in meaningful working relationships. We also provide a range of services to meet the varied needs of unpaid carers. These include:

Carer Information Workers who work in partnership with local services and organisations to raise the profile of carers’ issues and needs. They will provide you with signposting and relevant information to support you in your caring role.

Carer Co-ordinators who work within all of the GP practices in North Lanarkshire. They will provide you with information around the GP Carers Register and can make referrals for you and the person you care for.

### **Find out more at**

Email us at: [enquiries@carerstogether.org](mailto:enquiries@carerstogether.org)

Facebook: [facebook@carerstogether.org](https://www.facebook.com/carerstogether.org)

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