

**Funding Application Form**  
**Carer Breather Fund 2026-2028**

**North Lanarkshire Carers Together (NLCT)**  
**Carer Breather Application Form 2026/2028**

Please read the **guidance notes** (see <https://www.carerstogether.org/support-network/>) before you prepare your application.

We would also recommend that you to take a look at the **supporting information** contained in the [Carer Breather Report 2026.](#)

We would also encourage you to look at the **Demonstrating Impact Toolkit**. This can be found here [on the VANL website.](#)

**File name:** When saving your application form to submit to us, please use the following naming structure:  
**Organisation Name – Carer Breather Application Form 2026.**

The **closing date** for applications is 4.30pm on **Friday 27th February** 2026. Please submit proposals to [CSN@carerstogether.org](mailto:CSN@carerstogether.org)



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**Section 1: Tell us about you**

1a Organisation Name	
1b Contact Name	
1c Details of Organisation <b>No more than 100 words</b>	
1d Organisation Address	
1e Postcode	
1f Telephone	
1g E-mail	
1h Website	
1i Social Media	Facebook: X: Instagram: TikTok: LinkedIn:
1j Charity/SCIO Number	
1k Organisation Type	
1l What locality area will you be delivering your project in?	Choose an item.
1m Are you applying to any other funding streams to deliver this work? If so, where?	



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### Section 2: Your project

2a Tell us what you would like to call your project? **No more than 10 words**

2b Tell us about your proposed project. What do you intend to do? **No more than 200 words**

2c Tell us how you know there is a need for this project? **No more than 500 words**

2d Proposed start date

Click or tap to enter a date.

2e Proposed finish date

Click or tap to enter a date.



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### Section 3: Collaboration

3a Tell us about who you have worked with to develop this project proposal? **No more than 200 words**

3b Tell us about your plans for carer engagement and participation throughout your project? **No more than 200 words**



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**Section 4: Tell us about the difference your project will make?**

<b>Project Carer Outcome (See Appendix 1 for Details)</b>	<b>How will this be achieved?</b>	<b>How will you know?</b>	<b>How many Carers will benefit?</b>
Choose an item.			



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### Section 5: How will you deliver your project?

5a Describe how you will deliver your project - include supports from elsewhere, key milestones & dates, and identify where carers will form part of that process? **No more than 500 words**



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**Section 6: What support will you need?**

6a Tell us what funding will you require in order to deliver your project? **Give us as much detail as you can.**

<b>Item</b>	<b>Description</b>	<b>Cost</b>
Staffing costs	<i>(please detail all posts and the hours they will contribute to this work)</i>	£
Staff Expenses		£
Equipment & Resources		£
Volunteer Expenses		£
Overhead Costs		£
Other costs (Please List)		£
<b>Total funding requested</b>		£



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6b Tell us about any other support you feel your organisation would benefit from, if applicable? **No more than 300 words**



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### Section 7: Sign-off

#### GDPR Statement – please read

By signing this proposal, you consent to part or all the information you supply being stored on a computer and to it being used for the administration of the proposal/funding applications. Copies of this information may be provided to individuals or partner organisations that are helping us assess or monitor awards.

You further agree in the event of an award, to the terms outlined in the Guidance on membership of the Carer Support Network and monitoring and evaluation. This includes pseudonymised carer and cared-for data to inform the national Carers Census. A Data Sharing agreement will be in place between NLCT and successful applicants prior to the beginning of successful projects.

\*\*North Lanarkshire Carers Together may share information with other grant funders and partner agencies to help prevent fraudulent applications and to co-ordinate the process of complementary applications.

<b>Print Name</b>	
<b>Organisation</b>	
<b>Position in Organisation</b>	
<b>Date</b>	
<b>Signature</b>	



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## APPENDICES

### APPENDIX 1

<b>Carer Outcomes</b>	
<b>No.</b>	<b>Outcome</b>
1	Carers are more able to have time-out for themselves, or with the person they care for.
2	Carers experience better physical and mental health & wellbeing.
3	Carers feel more knowledgeable and informed about their caring role.
4	Carers are better able to manage day-to-day caring tasks.
5	Carers feel more calm, positive and supported in dealing with the demands of being a carer.
6	Carers are more able to manage financially and know where to go for help, if needed.



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