

Funding Application Form Time for Me Fund 2026-2027

North Lanarkshire Carers Together (NLCT) Time for Me Application Form 2026/2027

Please read the **guidance notes** (attached) before you prepare your application.

We would also recommend that you to take a look at the **supporting information** contained in the [Carer Breather Report 2026](#).

We would also encourage you to look at the **Demonstrating Impact Toolkit**. This can be found here [on the VANL website](#).

File name: When saving your application form to submit to us, please use the following naming structure:
Organisation Name – Time for Me Application Form 2026.

The **closing date** for applications is 4.30pm on **Monday 13th April 2026**. Please submit proposals to CSN@carerstogether.org)



“Not just to survive, but to thrive”

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Section 1: Tell us about you	
1a Organisation Name	
1b Contact Name	
1c Details of Organisation No more than 100 words	
1d Organisation Address	
1e Postcode	
1f Telephone	
1g E-mail	
1h Website	
1i Social Media	Facebook: X: Instagram: TikTok: LinkedIn:
1j Legal Structure	
1k Charity Number (if applicable)	
1l Turnover last Financial Year (must be less than £75,000)	



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Section 2: Your project					
2a Tell us what you would you like to call your project? No more than 10 words					
2b Tell us about what you intend to do, how you know there is a need for this project and how you will deliver your project. No more than 500 words					
2c Please indicate which of the six Health and Social Care North Lanarkshire localities you will be delivering your project in? Please tick all that apply					
Airdrie <input type="checkbox"/>	Bellshill <input type="checkbox"/>	Coatbridge <input type="checkbox"/>	Cumbernauld <input type="checkbox"/>	Motherwell <input type="checkbox"/>	Wishaw/Shotts <input type="checkbox"/>
2d Proposed start date	Click or tap to enter a date.	2e Proposed finish date	Click or tap to enter a date.		



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Section 3: Bank Account and Funding		
3a Bank account check		
Please select the appropriate option below. (If you do not have a bank account or access to a bank account, we will		
Organisation bank account <input type="checkbox"/>	Access to a third-party bank account <input type="checkbox"/>	No bank account or access to a third-party bank account <input type="checkbox"/>
3b Please tell us what funding you need to deliver your project.		
Item	Description	Cost
Staff Costs		£
Volunteer Costs		£
Equipment Costs		£
Expenses		£
Event Costs		£
Training Costs		£
Overhead Costs		£
Sub-Total		£
Other Costs (please list)		£
Total funding requested		£
3c Have you applied for funding elsewhere for this project? Yes <input type="checkbox"/> No <input type="checkbox"/>		
If yes, please provide details:		
The minimum you can apply for is £1000 and the maximum you can apply for is £3000		



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Section 4: Tell us about the difference your project will make?			
Project Carer Outcome (See Appendix 1 for Details)	How will this be achieved?	How will you know?	How many Carers will benefit?
Choose an item.			
Choose an item.			
Choose an item.			
Choose an item.			
Choose an item.			
Choose an item.			



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Section 5: Sign-off

GDPR Statement – please read

By signing this proposal, you consent to part or all the information you supply being stored on a computer and to it being used for the administration of your funding application. Copies of this information may be provided to individuals or partner organisations that are helping us assess or monitor awards.

**North Lanarkshire Carers Together (who manage the Time for Me Fund) may share information with other grant funders and partner agencies to help prevent fraudulent applications and to co-ordinate the process of complementary applications.

Print Name	
Organisation	
Position in Organisation	
Date	
Signature	



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APPENDICES

APPENDIX 1

Carer Outcomes	
No.	Outcome
1	Carers are more able to have time-out for themselves, or with the person they care for.
2	Carers experience better physical and mental health & wellbeing.
3	Carers feel more knowledgeable and informed about their caring role.
4	Carers are better able to manage day-to-day caring tasks.
5	Carers feel more calm, positive and supported in dealing with the demands of being a carer.
6	Carers are more able to manage financially and know where to go for help, if needed.



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